



The Triple Threat: **CHOREOGRAPHY**

Brought to you by: Ms. Hayes, Mr. Meyer, & Ms. Yung



Learning Goals:

At the end of the week, you will:

Explore triple threats in musical theatre.

Identify basic dance steps used in musical theatre.

Explore the role of dance in college auditions.

Practice and conquer! a basic choreography routine.





DAY FIVE



Day FIVE: Take a few minutes to contemplate the following: Does the company of **ONCE ON THIS ISLAND** highlight triple threats?

Can they:

Sing?

Dance?


Act?





Today is the day!!! You will have a completed number!

Remember to:

- **Sell the song, sell the moves!**
 - **Commit to every move! Every gesture, every step, every kick!**
 - **Go big!!!**
 - **If you make a mistake, keep going!!**
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How to access the choreography steps:

1. Go to <https://www.daily8count.com/>This is a FREE RESOURCE right now.
2. On the left hand side, click enter site.
3. Click on Weekly Combination
4. Complete the information for this week's password (email and first name)
5. You will then be given a password on that page, that is used to access the video.
6. Scroll down and you will see the video. Use the password to unlock.



Practice your steps:

1. Put on some clothes you can move in!
2. Review Day One & Two & Three and Steps, do you remember all your moves?
3. Access Day FIVE Daily 8 Count
4. Watch, follow, and practice until you can complete the steps without watching!
5. Have fun, sell it!!!!

PERFORM YOUR ROUTINE:

Find a way to share your completed, polished dance number:

- Share with a guardian or a sibling in your household
- Film and critique your progress
- Film and share



Reflection:

Did you enjoy this experience? Would you like to learn more?

IF SO....the website you have been learning from puts out a NEW ROUTINE every week!!!

Keep learning, keep moving, keep growing as a performer!!

